

Good For **\$200**
*off admission
at the door*

Admission: Adults \$6 (2 day pass \$10)

Seniors and Students \$4. 12 and under FREE

2nd Annual
**WestCoast
Women's Show**

www.westcoastwomensshow.com

Saturday, Sept. 24th, 9 am - 5 pm
Sunday, Sept. 25th, 10 am - 4:30 pm
Comox Community Centre, 1855 Noel Ave., Comox BC

A Trade Show For and About Women!

**OVER 60
Informative Displays!**

FREE SEMINARS (WITH ADMISSION)

Presented by:



Enter to win a Romantic Westcoast Weekend for Two

Includes 2 nights in a luxurious one bedroom suite with a \$250 Resort Credit (to be used in the Spa or Restaurant) at the spectacular Black Rock Oceanfront Resort in Ucluelet

www.blackrockresort.com

A prize value of \$1,200

Draw date will take place
4:15pm Sept 25th, 2011
Some restrictions apply.



BLACK ROCK
OCEANFRONT RESORT

SEMINAR SCHEDULE 2011

Saturday, Sept 24th

- 9:30 am – 10:30 am Learn How to Use The Law of Attraction – Lauren MacLauchlan Coach, Trainer, Author
- 10:45 am – 11:45 am Be Fit, Be Healthy, Be Happy – No Matter What Your Shape – Tara McNeil - The Shape You're In
- Noon – 1:00 pm The Inner World of Dreams – Diane Hancox, MA,CCC
- 1:15 pm – 2:15 pm Simple Ways to Have a Happier , More Satisfying Sex Life – Michelle Powell Tell Mia
- 2:30 pm – 4:00 pm Weight Loss using the hCG protocol – Dr. Lise Maltais ND Dove Clinic

Sunday, Sept 25th

- 10:45 am – 11:15 am How to Travel Light (with one suitcase) Karen Griffen K.C.'s Boutique.
- 11:30 am – 12:30 pm Natural Sleeping Aids – Lisa Leger B.A. Pharmasave Health Centre
- 1:00 pm – 2:00 pm Heart Health and Menopause – Let's Make the Connection – Jacquie Nicol Pharmacist Comox Pharmasave
- 2:30 pm – 3:30 pm Liberate Yourself from Pain and Anxiety with EFT - Deborah Braun, BA,CCHt Light Haus Therapy

For more information go to: www.westcoastwomensshow.com